

**Official results for
20th. RaceRunners Open Cup**



15th.-16th. July 2016

Frederiksberg, Denmark



Male

U16, Male, 40 M, RR1-A, Final

Wind: + 2,3

Place	Name	Country	Result	
1	Nils Björk	Sweden	00.20,84	PB, SB

Senior, Male, 40 M, RR1-A, Final

Wind: + 2,3

Place	Name	Country	Result	Medal	
1	Torggrim Ekren Skålvik	Norway	00.15,95	Gold	PB, SB
2	Chris Høiriis Jacobsen	Denmark	00.16,12	Silver	PB, SB
3	Wilhelm Rapp	Sweden	00.18,99		PB, SB

Senior, Male, 40 M, RR1, Final

Wind: + 1,3

Place	Name	Country	Result	Medal	
1	Muninder Hayer	England	00.13,42	Gold	PB, SB
2	Zbigniew Zubryji	Poland	00.17,91	Silver	PB, SB
3	Nikita Kuznetsov	Russia	00.18,69	Bronze	
4	Jesper Harding Hansen	Denmark	00.21,27		SB
5	Daniel Bente	Denmark	00.21,47		SB

Senior, Male, 40 M, RR2, Final

Wind: + 4,4

Place	Name	Country	Result	Medal	
1	Pontus Stålfors	Sweden	00.09,51	Gold	PB, SB
2	Aleksei Riabchikov	Russia	00.10,19	Silver	PB, SB
3	Emil Lundkvist	Sweden	00.23,05		PB, SB

U16, Male, 60 M, RR1-A, Final

Wind: + 1,6

Place	Name	Country	Result	
1	Nils Björk	Sweden	00.32,97	PB, SB

PB = Personal Best - SB = Season Best



Senior, Male, 60 M, RR1-A, Final

Wind: + 1,6

Place	Name	Country	Result	Medal	
1	Chris Høiriis Jacobsen	Denmark	00.23,02	Gold	SB
2	Torgrim Ekren Skålvik	Norway	00.24,25		PB, SB

Senior, Male, 60 M, RR1, Final

Wind: + 0,8

Place	Name	Country	Result	Medal	
1	Muninder Hayer	England	00.18,79	Gold	PB, SB
2	Lars Søndergaard	Denmark	00.22,36	Silver	
3	Daniel Bente	Denmark	00.26,89	Bronze	SB
4	Jesper Harding Hansen	Denmark	00.27,28		
5	Nikita Kuznetsov	Russia	00.30,47		PB, SB
6	Zbigniew Zubryji	Poland	00.35,86		PB, SB

Senior, Male, 60 M, RR2, Final

Wind: + 3,0

Place	Name	Country	Result	Medal	
1	Pontus Stålfors	Sweden	00.13,70	Gold	PB, SB
2	Aleksei Riabchikov	Russia	00.15,22	Silver	PB, SB
3	Gustav Tegnelund	Sweden	00.15,30	Bronze	PB, SB
4	Martin Johannessen	Faroe Islands	00.17,31		
5	Emil Lundkvist	Sweden	00.33,45		

Senior, Male, 60 M, RR3, Final

Wind: + 1,3

Place	Name	Country	Result	Medal	
1	Rafi Solaiman	England	00.13,61	Gold	PB, SB
2	Harris Menshawi	Scotland	00.18,49		PS, SB

Senior, Male, 100 M, RR4, Final

Wind: + 2,4

Place	Name	Country	Result	Medal	
1	Erik Birksing	Denmark	00.18,59	Gold	
	Stian LaBianca	Denmark	DNS		

PB = Personal Best - SB = Season Best



Senior, Male, 200 M, RR4, Final

Wind: + 4,2

Place	Name	Country	Result	Medal
1	Erik Birksing	Denmark	00.37,29	Gold
	Stian LaBianca	Denmark	DNS	

Senior, Male, 400 M, RR4, Final

Place	Name	Country	Result	Medal
1	Erik Birksing	Denmark	01.21,61	Gold
2	Stian LaBianca	Denmark	01.32,57	

SB
PB, SB

Senior, Male, 800 M, RR4, Final

Place	Name	Country	Result
1	Stian LaBianca	Denmark	04.27,75

PB = Personal Best - SB = Season Best



Female

Senior, Female, 40 M, RR1, FirstRound, #1

Wind: + 2,0

Place	Name	Country	Result	
1	Marika Vaihinger	Sweden	00.16,60	PB, SB
2	Marte Aasvang	Norway	00.23,03	
3	Tanja Denis	Denmark	00.45,27	PB, SB
4	Amanda Larsson	Sweden	00.57,85	PB, SB

Senior, Female, 40 M, RR1, FirstRound, #2

Wind: + 2,7

Place	Name	Country	Result	
1	Elaine Boyd	Scotland	00.13,53	PB, SB
2	Aida Kamal	Russia	00.19,57	PB, SB
3	Jasmin Spongberg	Sweden	00.27,85	PB, SB

Senior, Female, 40 M, RR1, Final

Wind: + 3,3

Place	Name	Country	Result	Medal	
1	Elaine Boyd	Scotland	00.13,07	Gold	PB, SB
2	Marika Vaihinger	Sweden	00.16,45	Silver	PB, SB
3	Aida Kamal	Russia	00.19,63	Bronze	PB, SB
4	Marte Aasvang	Norway	00.21,49		PB, SB
5	Tanja Denis	Denmark	00.43,12		PB, SB

Senior, Female, 40 M, RR2, Final

Wind: + 3,0

Place	Name	Country	Result	Medal	
1	Marie Aune Bardal	Sweden	00.12,35	Gold	PB, SB
2	Felicia Kamsvag	Sweden	00.15,03		PB, SB

PB = Personal Best - SB = Season Best



Senior, Female, 60 M, RR1, FirstRound, #1

Wind: + 1,8

Place	Name	Country	Result	
1	Marika Vaihinger	Sweden	00.21,77	PB, SB
2	Jasmin Spongberg	Sweden	00.34,16	PB, SB
3	Marte Aasvang	Norway	00.34,71	
4	Amanda Larsson	Sweden	01.07,71	PS, SB

Senior, Female, 60 M, RR1, FirstRound, #2

Wind: + 0,2

Place	Name	Country	Result	
1	Elaine Boyd	Scotland	00.18,55	PB, SB
2	Pauline Lundberg	Sweden	00.18,64	PB, SB
3	Aida Kamal	Russia	00.28,37	PB, SB
4	Asta Dibbern	Denmark	00.32,76	SB

Senior, Female, 60 M, RR1, Final

Wind: + 1,9

Place	Name	Country	Result	Medal	
1	Pauline Lundberg	Sweden	00.18,09	Gold	PB, SB
2	Elaine Boyd	Scotland	00.18,95	Silver	
3	Marika Vaihinger	Sweden	00.22,49	Bronze	
4	Marte Aasvang	Norway	00.26,25		PB, SB
5	Aida Kamal	Russia	00.31,54		

Senior, Female, 60 M, RR2, Final

Wind: + 2,8

Place	Name	Country	Result	Medal	
1	Marie Aune Bardal	Sweden	00.16,64	Gold	
2	Emilie Ghali	Denmark	00.17,16	Silver	PB, SB
3	Felicia Kamsvag	Sweden	00.19,25	Bronze	PB, SB
4	Nathalie Szum	Sweden	00.20,77		PB, SB

Senior, Female, 60 M, RR3, Final

Wind: + 3,4

Place	Name	Country	Result	Medal	
1	Marie Lander	Sweden	00.15,19	Gold	PB, SB
2	Julie Olesen	Denmark	00,17,23		PB, SB

PB = Personal Best - SB = Season Best



Senior, Female, 100 M, RR4, Final

Wind: + 1,8

Place	Name	Country	Result	Medal	
1	Maria Hald Nielsen	Denmark	00.21,72	Gold	PB, SB
2	Pernille Bach	Denmark	00.22,55		PB, SB

Senior, Female, 200 M, RR4, Final

Wind: + 2,1

Place	Name	Country	Result	Medal	
1	Tove Tømmerås	Norway	00.43,52	Gold	PB, SB
2	Maria Hald Nielsen	Denmark	00.43,84	Silver	PB, SB
3	Pernille Bach	Denmark	00.44,21		

Senior, Female, 400 M, RR4, Final

Place	Name	Country	Result	Medal	
1	Tove Tømmerås	Norway	01.33,01	Gold	PB, SB
2	Maria Hald Nielsen	Denmark	01.36,51	Silver	
3	Pernille Bach	Denmark	01.44,51		

Senior, Female, 800 M, RR4, Final

Place	Name	Country	Result	Medal	
1	Britt Drud Sørensen	Denmark	03.13,94	Gold	
2	Tove Tømmerås	Norway	03.20,96	Silver	PB, SB
3	Maria Hald Nielsen	Denmark	03.31,43	Bronze	SB
4	Pernille Bach	Denmark	03.41,93		SB

Senior, Female, 1500 M, RR4, Final

Place	Name	Country	Result
1	Britt Drud Sørensen	Denmark	06.52,22

Senior, Female, 5000 M, RR4, Final

Place	Name	Country	Result	
1	Britt Drud Sørensen	Denmark	22.52,39	SB

PB = Personal Best - SB = Season Best

